

SUMMER NEWSLETTER

JULY 2026



What a fantastic way to end another brilliant school year. As we finish for the summer, I would like to thank all of our pupils, families and staff for making this such a successful year.

This has been an exciting year for Bramfield, with the opening of our new Ibstock provision. In such a short time it has become a real part of our school community, and I would like to thank the staff there for the hard work and dedication they have shown in creating such a nurturing environment for our youngest pupils as they begin their Bramfield journey.

Across the rest of the school, it has been wonderful to see our pupils grow in confidence, develop new skills and prepare for their next steps. Our Lower School pupils are ready for their new classes, while our Year 11 students leave us with so much to be proud of. The commitment shown by both the students and the staff who have supported them has been exceptional, and we wish them every success for the future.

The opportunities on offer for our pupils continue to go from strength to strength. Whether through sport, vocational learning, trips or our fantastic Activities Week, our staff have worked incredibly hard to provide experiences that our boys will remember for years to come. A huge thank you to everyone who has helped make these opportunities possible.

Finally, thank you to all of our families for your continued support throughout the year. I hope you all have a safe, relaxing and well-deserved summer break, and I look forward to welcoming everyone back on Thursday 3rd September for another busy, exciting and successful year at Bramfield House School.

Leigh Bailey

Enjoy
SUMMER



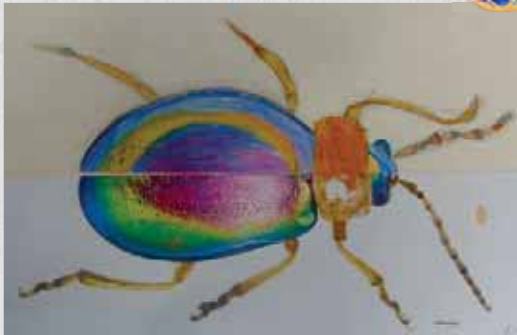
ALL THINGS ART...



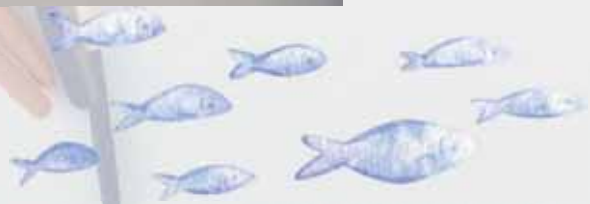
House Gardens: Some of our boys in Ibstock House combined art and science in a fun, hands-on activity by decorating template houses with their own creative designs before transforming them into miniature gardens. Using cress seeds, they watched their artistic creations come to life as the seeds germinated and grew, exploring both creativity and the science of plant growth.



Looking Closer: Primary students created detailed observational studies of beetles. By looking closely at shape, form, proportion, texture, pattern, symmetry, and colour, students developed their drawing skills and understanding of symmetry while gaining a greater appreciation of the intricate details found in the natural world. Their carefully observed artworks demonstrate both technical skill and creative focus.



Foil Tooling Fish: Upper School students explored the traditional metalworking techniques of embossing and debossing by transforming recycled aluminium cans into decorative artworks. Using pre-prepared flattened aluminium cans, students used specialised ball-tipped embossing tools to create raised and indented designs inspired by the intricate forms of fish. Working on a soft craft foam surface allowed them to produce detailed impressions while developing an understanding of texture, pattern and relief. To complete their pieces, students used Sharpie pens to decorate and add vibrant colour, enhancing the intricate details and bringing their embossed fish designs to life. This project combined creativity with practical making skills, resulting in striking three-dimensional artworks.





House Gardens: The boys from Ibstock House enjoyed creating imaginative tree faces using natural materials. They began by pressing clay firmly onto a tree trunk before shaping eye sockets and noses. They then decorated their creations with treasures collected during a nature scavenger hunt, including leaves, twigs, seeds, and bark. This engaging outdoor activity encouraged creativity while helping the boys develop their understanding of sculpture, symmetry, shape, and form, and improving their mastery of art and design techniques using a range of natural and traditional materials.



BIKEABILITY

Seven boys from Holly and Sycamore class have completed their Level 2 Bikeability training. They started their day cycling at the school and then moved onto the roads in Halesworth. The training teaches them to start and stop with more confidence, pass stationary vehicles parked on a road, understand the road: signals, signs and road markings, negotiate the road: including quiet junctions, crossroads and roundabouts and share the road with other vehicles. The boys were fantastic and all passed.

Happy cycling boys!



THRIVE

Bramfield is in its third year of using Licensed Thrive practitioners across the school to focus on the social and emotional wellbeing of pupils who are then ready to engage with learning. Each class has a Thrive ambassador that has ongoing training ready to work with boys in every class. This academic year every class in primary and 1bstock has had a dedicated hour of Thrive every day and in the upper and middle school a one-hour session a week.

Thrive assessments take place every term to track progress. Pupils are referred for daily Thrive sessions by teachers, and as positive results have been observed more boys are able to access one to one Thrive input. The class teaching strategies are taken back to class, using a consistent approach to help children regulate their emotions throughout the school day.

Our Thrive sessions have been outstanding across the school with boys experiencing team games, making memory sand, sock puppets, designing power points to share their individual interests with their peers and making emotion cards to help support them throughout the school day.



OLIVE IN THE COMMUNITY



Olive had a fantastic year taking part in a wide range of trips and community outings. The boys enjoyed visiting places such as the RNLI, the fire station, the Food Museum, a bell-ringing experience, and our local care home. They particularly loved spending time outdoors and being active members of the community. These experiences have helped to develop their communication and listening skills while encouraging them to be respectful, considerate, and aware of those around them. Overall, these outings have supported both their personal and social development in meaningful ways.





LIFE SKILLS IN BEECH CLASS



As part of our Life Skills topic this term, the boys have been learning about the tradition of British tea parties and the history behind them. They have worked together to plan their own summer tea party, creating invitations, posters, decorations and menus while exploring the types of food that are traditionally served. To bring their plans to life, the class visited the local supermarket to buy the ingredients needed for their chosen menu. Following the planning of our summer tea party and our successful supermarket visit, it was time for the boys to put their preparations into action. They worked together to prepare a delicious selection of traditional tea party food, including making sandwiches, peeling, slicing and cutting fresh fruit for fruit kebabs, and arranging scones and other tasty nibbles. Once everything was ready, the boys carefully set up the tea party before welcoming other classes from across Ibstock, along with members of staff, to join the celebration. They did an amazing job serving food and drinks, using excellent manners and making all of our guests feel welcome.



HIKING - BRAMFIELD BOY



This term, our Bramfield boys have enjoyed a fantastic series of hiking adventures, exploring some of the wonderful landscapes right on our doorstep.

Our journeys have taken us to the heights of "Framlingham Mountain," where everyone rose to the challenge with enthusiasm. We ventured into the dark, mysterious depths of Dunwich Woods, discovering nature at its most enchanting. Along the coastline at Walberswick, we scoured the beach, taking in the fresh sea air and searching for hidden treasures. Finally, we waded through the marshes of Darsham, embracing the mud, water, and wildlife, that make this area so special.

Every walk has brought new challenges, opportunities for teamwork, and plenty of memorable moments. The boys have shown resilience, curiosity, and a real sense of adventure throughout the term. We look forward to many more exciting hikes next term as we continue exploring the beautiful Suffolk countryside together.



♥ IBSTOCK HOUSE ♥

It is hard to believe that Ibstock House has now been open for a whole year, and what a fun-filled and successful year it has been! Throughout the year, the boys have made excellent progress both academically and socially, developing confidence and forming many wonderful friendships along the way. Ibstock House has been filled with laughter, smiles, and memorable experiences, creating a happy and supportive environment for everyone. Outdoor learning has continued to be a favourite for many of our pupils. They have thoroughly enjoyed creating and maintaining our own vegetable patches, flower beds, and bug hotels, while developing their understanding of the natural world. Pupils have also enjoyed visits to local parks and libraries, as well as taking part in community litter-picking initiatives, demonstrating pride in and care for their local environment. We were also lucky enough to be surprised by a visit from an ice cream van during one of the hottest days of the year. Everyone enjoyed a well-earned ice cream—making sure to eat them quickly before they melted! Overall, it has been an amazing year at Ibstock House, and we are incredibly proud of every pupil for all they have achieved. We look forward to another exciting year filled with new opportunities, continued growth, and many more happy memories.



3D DESIGN

It's been a fun and busy year in 3D Design, with pupils taking part in a wide range of creative and practical projects, developing both their design thinking and making skills.

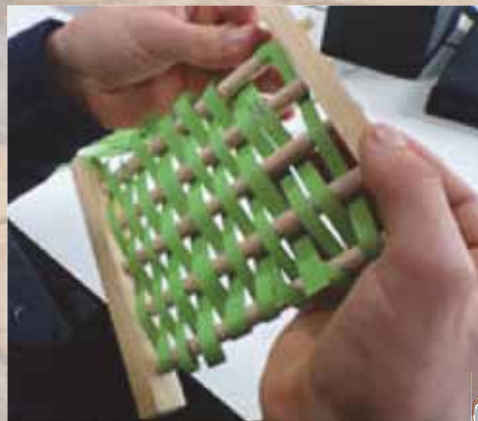
Middle school pupils have been designing and producing flapping bird mobiles, travel games and themed bookends, beginning with the study of existing products before developing their own ideas. They have created stencils and used graffiti spray techniques to produce vibrant, repeating patterns inspired by those found in nature, resulting in imaginative and visually striking outcomes.

Upper school pupils have been designing and constructing bird houses, with a focus on developing accuracy and control in key workshop skills. This has included measuring and marking out with increasing precision, alongside the careful cutting, shaping, and assembly of materials to produce well-finished and functional designs.

In 3D Design at GCSE, pupils have been researching influential architects such as Zaha Hadid and Frank Gehry, analysing their distinctive styles and approaches to design. They have experimented with a range of creative techniques, including deconstruction methods, to generate innovative and original ideas. These explorations are being developed into final designs that will inform a wildlife habitat project, demonstrating both creativity and technical understanding.

Have a great summer!

Paul





AT THE FARM...



The recent hot weather has kept us all very busy, with plenty of watering needed to help our crops and plants stay happy and healthy. Our animals have each found their own way to cope with the heat. The rabbits and guinea pigs made the most of the air conditioning in the cabin, while the pigs seemed to have the best idea of all—spending their days relaxing in the sunshine, covered from snout to tail in cooling mud. They definitely know how to beat the heat!

The farm is also bursting with natural wildflowers and plants, making it a wonderful place to explore.

There has been plenty of wildlife to spot too, with something new to discover every time we head outdoors.





ECO NEWS



We are delighted that we have received a Green Mark Level 2 accreditation! Green Mark provides an internationally recognised environmental certification for companies that want to assure their clients and employees that they are conducting business to recognised environmental standards.

Through the online portal, we submitted information about the school, answered questions and provided supporting evidence, the answers were then reviewed by an auditor and we were awarded a Green Mark Level 2! Through the process Green Mark helped us create a framework to make sure we have the correct tools to monitor and reduce our emissions going forward, as well as communicating internally and externally how we are doing this.

Here are some of our environmental policies:

- We will aim to continuously improve the environmental performance and integrate recognised environmental management best practice into our school.
- Measure and take action to reduce the carbon footprint of our activities to meet our objectives and targets.
- Manage waste generated according to the principles of reduction.

Next year the aim is to reach level 3 and embed climate education across the school.



WE HAVE SWIFTS!



In other Eco news we have been very excited about the fact that four of our swift nest boxes have been used for nesting this summer. Save our Suffolk Swifts a collaboration between Suffolk Bird Group and Suffolk Wildlife Trust have donated us a further 9 nest boxes to help increase our colony further, which is vitally important for this rare bird. The nest boxes are currently being decorated by boys ready for installation. (They made me say swifts in the photo, hence the look of surprise!!)





FOOD AND FARMING DAY



On 17th June we travelled to Hollow Trees Farm nr Hadleigh for the Suffolk Agricultural Association's Food and Farming Day joining 500 other Secondary School pupils. The day involved a carousel of stands where we learnt about the different careers available in the food and farming sectors. This ranged from a gardener on a large estate producing produce for a chef to use in pubs; agricultural engineering; using drones to check on crops, sow seeds, and spread fertiliser; and making mayonnaise using quality ingredients. The range of careers available was eye-opening as well as the number of apprenticeships. Boys were particularly interested in the large farm machinery on display. Lunch was provided by the Hollow Trees Farm shop which was enjoyed by everyone, and we had a thought provoking and enjoyable day highlighting options for next steps in education or the job market.



ACORN CLASS



The boys in Acorn class did an amazing job during their visit to the lifeboat centre in Aldeburgh. They listened carefully throughout the day and showed great respect to the wider community. They worked incredibly hard, approached every activity with enthusiasm, and had a fantastic time learning about the important work carried out by the lifeboat centre.



CORNWALL RESIDENTIAL TRIP



A group of pupils and staff enjoyed an unforgettable week in Newquay, filled with adventure, laughter, teamwork and plenty of sea air! For some pupils, this was their first time staying away from home for several nights, and they showed incredible resilience, independence and maturity throughout the trip.

Based with Elemental Adventure, pupils embraced a range of exciting activities including coasteering, bodyboarding and surfing at the famous Fistral Beach. Whether scrambling over rocks, jumping into the sea or catching their first wave, everyone challenged themselves, encouraged one another and stepped outside their comfort zones.

The group also explored the beautiful Cornish towns of Falmouth, Newquay and St Austell, enjoyed a visit to the National Maritime Museum, spent an evening ten-pin bowling, and watched some spectacular sunsets on the beach. One lucky pupil even celebrated his 15th birthday with surfing, cake and a stunning Cornish sunset!

Throughout the week, our pupils represented the school brilliantly. They demonstrated resilience, kindness and teamwork, supporting one another every step of the way. We were especially proud to receive wonderful feedback from the Elemental Adventure team, who described us as one of the best schools they have worked with.

A huge thank you goes to all of the staff whose hard work and dedication made the residential such a success. It was a week full of unforgettable memories, new friendships and achievements that everyone should be incredibly proud of.





LONDON THEATRE-STRANGER THINGS



On Friday 19th June, some of our boys headed off to a very hot London for a very special West End trip to see Stranger Things: The First Shadow live on stage. And when we say London was hot... it was PROPER HOT. Around 35 degrees, packed streets, packed tube trains, and all the beautiful chaos of the capital.

For some of our boys, this was their first ever trip to London. For some, their first time on the Tube. For many, it was their first West End theatre experience. And they were absolutely brilliant.

They took it all in – the journey, the Underground, the noise, the crowds, the heat, the theatre, the lights, the lot. Stranger Things was absolutely incredible, and the boys were completely immersed in the experience. Afterwards, we stopped to watch the light show at Tottenham Court Road before finishing the day with a truly elite five-star dining experience... McDonald's, obviously.

The boys were an absolute credit to themselves and to the school. They showed curiosity, humour, resilience and maturity throughout the whole day. We were so proud of them.

A huge thank you to the staff who gave their time, energy and good humour to make the trip happen. Days like this matter. They give our pupils memories, confidence and experiences they may never forget.

What a day. What a group. What a lot of sweat.



SANTA POD



A group of pupils went on a fantastic trip to Santa Pod Raceway, where they enjoyed an exciting and memorable day full of learning and entertainment. Throughout the visit, the pupils had the opportunity to watch powerful racing cars speed down the famous drag strip, experience the thrilling atmosphere, and learn about the science and engineering behind motorsports.

They discovered how vehicles are designed for speed and safety, explored the importance of teamwork, and gained an understanding of the technology used in racing. The trip also encouraged curiosity about STEM subjects, including physics, engineering, and mechanics.





BUG FEST



What do a giant tarantula called Rosie, a hissing cockroach, a giant African land snail and a scorpion have in common? They all paid Bramfield House School a visit this term – and what a day it was!

We were delighted to welcome the fantastic team from Bugfest, who transformed our library into an incredible world of weird and wonderful wildlife. Throughout the day, the boys took part in fascinating, interactive sessions where they learned about some of the planet's most extraordinary invertebrates, discovering why these often-misunderstood creatures are so important to our ecosystems.

Our visitors introduced the boys to an amazing collection of creatures, including: Rosie the Tarantula (pictured making me smile... and breathe very carefully!), incredible stick insects, a giant African land snail, giant millipedes and two amazing scorpions.

The real stars of the day, however, were our pupils. Many of the staff boys admitted they were nervous when they first walked into the room. Yet, time after time, they challenged themselves to step outside their comfort zones. Some gently held creatures they never imagined touching, others asked thoughtful questions, and many discovered that the animals they feared were actually calm, fascinating and completely misunderstood.

Watching confidence grow throughout the day was every bit as rewarding as meeting the animals themselves.

A huge thank you goes to the brilliant Bugfest team for delivering such an engaging, educational and unforgettable experience. They combined humour, science and hands-on learning in a way that had everyone—staff included—completely captivated.



OULTON WATER

Pupils from both Lower School and Middle School recently enjoyed an exciting trip to Oulton Water, where they took part in a wide range of water sports activities. Throughout the day, the boys embraced every challenge with enthusiasm, determination, and resilience, demonstrating excellent grit both on and off the water.

The trip also provided a fantastic opportunity for pupils to work together, encouraging teamwork, communication, and mutual support. Staff were incredibly proud of the positive attitudes displayed by everyone involved, making the day both enjoyable and memorable.

A fantastic time was had by all!



WIMBLEDON



For many of our pupils, Friday 27th June was a day they will never forget.

As soon as the boys arrived, we set off on the journey to the All England Lawn Tennis Club for an unforgettable day at The Championships, Wimbledon. It was a long day, with plenty of travelling, queues and tired legs by the end, but every single mile was worth it.

The boys were fortunate enough to spend the day on No. 1 Court, watching some of the world's very best tennis players compete on one of the most famous sporting stages on the planet. The weather was baking, the atmosphere was electric, the tennis exceptional and the courts looked every bit as perfect as they do on TV.

More importantly, our pupils were a real credit to Bramfield House School. They demonstrated patience throughout the day, represented the school with impeccable manners and respect, and embraced every part of the experience. For many, this was their first visit to Wimbledon and they made the absolute most of it. Trips like this are about more than sport. They build confidence, resilience and social skills, broaden horizons and create memories beyond the classroom. Seeing the excitement on the boys' faces as they walked through the famous gates and took their seats on No. 1 Court made all the planning and late finish worthwhile.





CAREERS



INSPIRING FUTURES: FOOTBALL, FURTHER EDUCATION AND ROBOTICS

Students across Key Stage 3 and 4 enjoyed an exciting and inspiring programme of activities designed to help them explore future career pathways and opportunities.

A highlight of the term was a Football Careers Workshop delivered by a former professional footballer who now plays at semi-professional level whilst completing their Careers Advisor qualification within OFG.

Students gained valuable insight into the wide range of careers available within the football industry and also learnt about his experiences first hand as a footballer. The session encouraged students to think about the skills and dedication required to succeed both on and off the pitch.

Meanwhile, our Year 10 students visited local colleges to explore their post-16 options, this included Easton College, City College Norwich and East Coast College Gt. Yarmouth. The visits provided an excellent opportunity to experience college life, learn about different courses and qualifications and begin planning their next steps after GCSEs.



Adding a touch of innovation and excitement, engineering specialists from AtkinsRéalis delivered an engaging workshop on engineering, technology and robotics. Students were fascinated by the company's famous robotic dog, which demonstrated its impressive capabilities and sparked discussions about the future of robotics in industry. To mark the occasion, students were been invited to take part in a special "Name the Robo Dog" competition, with the winning entry set to become the robot's official school nickname. These activities have provided students with valuable experiences, helping them to broaden their horizons, explore future careers and develop aspirations for life beyond school.

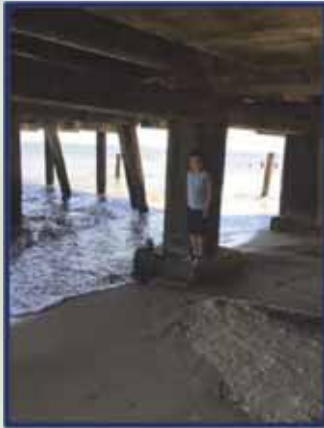
AtkinsRéalis



BEACH LIFE IN SAPLING CLASS



In our Life Skills lessons this term, Sapling class have ventured out to Southwold and Dunwich beaches to practice their photography skills and to create some beach art. All were tasked with creating an 'art piece' and finding interesting images to photograph, looking at different angles and viewpoints. As you can see their work looks great. All boys gained an AQA Unit Award for their work. On another trip the boys took on a litter-pick and cleaned up Dunwich beach beautifully.



PHOTOGRAPHY



The Year 11 pupils finished their portfolios after two years of hard work, we are very proud of their efforts, especially during their ten-hour exam period. The work they have submitted demonstrates a high level of skill in both composition and photo editing. The year 10 pupils have wrapped up the year working on a variety of subjects from landscapes to food photography! They have also worked really hard this term to be ready for year 11



SPORTS DAY

Another year of fantastic Sports Days! Our first-ever Ibstock Sports Day was a huge success and a joy to watch. The day was filled with teamwork, determination, fun, and plenty of laughter as pupils encouraged one another and gave every event their best effort.

Our Middle and Upper School pupils also enjoyed an exciting Sports Day, with everyone taking part enthusiastically. One of the highlights was the staff tug of war, which was taken very seriously and provided lots of entertainment for pupils and spectators alike!

Lower School had a wonderful Sports Day too, with parents joining us to cheer on the boys from the sidelines. It was fantastic to see so many smiling faces as pupils competed, supported their friends, and celebrated each other's achievements.





ACTIVITIES WEEK



What an incredible way to end the school year!

The last two weeks of term have been absolutely jam-packed with enrichment activities for everyone. We've enjoyed water fights, off-site trips, pool parties, football matches, inflatables on site, Forest School cooking, Sports Day, our Awards Assembly, a visit from the ice cream van, and so much more!

It's been wonderful to see so many smiles, laughter, teamwork, and unforgettable memories being made. A fantastic end to another amazing year



FRIENDS



GOOD
TIMES



OUR YEAR 11 LEAVERS...

We said goodbye to our Year 11 pupils earlier this month, the boys all enjoyed an outdoor BBQ and tropical themed party where they signed t-shirts, books and took photos. Families were invited in to the assembly after school where we celebrated each leaver in turn with speeches from staff.

All the boys have a variety of offers at colleges or apprenticeships for next year and a few boys have already secured some employment! We are very pleased with the amount of effort and hard work that they have shown especially during the exams season so we look forward to the results day to celebrate all these achievements. Pupils managed to take a range of academic and vocational qualifications including English, Maths, Biology, Statistics, Photography, Art, 3D Design and Media at GCSE and Hospitality and Catering and Construction and Level 1. We hope that all the boys have a lovely summer and are ready for their next destinations! We wish you all good luck !



Thank you 

One of our Year 11 parents donated a memory tree to Bramfield, to celebrate the amazing memories she has of her son's time at school! This has been planted in Amelia's Garden.



class of
2026



HAPPY RETIREMENT!

Elaine, you are going to be so unbelievably missed by all the staff and boys! You have made such a positive impact during your time at Bramfield, and we don't think you truly realise just how amazing you are. Your kindness, dedication, and support have never gone unnoticed!

Happy Retirement! It's now time to enjoy this exciting new chapter with your family.

Wishing you happiness, relaxation, and many wonderful adventures ahead.

Please don't be a stranger - come back and visit us soon!

PARENT /CARER SUPPORT

Big Norfolk Holiday Fun

FREE Big Norfolk Holiday Fun scheme for 5-16 year olds

Do your children receive means tested free school meals? **This is for you!**

Keep your children busy and active over the summer holidays with our fun packed programme of activities happening near you. They'll also receive a healthy lunch too.

Don't delay. Book up today!

There's something to keep everyone busy. Choose from:

- sports and fitness
- arts and crafts
- theatre and drama
- music and dance
- outdoor games

Book your kids on the activity scheme in 3 simple steps

1. Sign up for your code online by scanning the QR code with your mobile phone
2. Choose your favourite activities www.norfolk.gov.uk/holidayactivities
3. Use your booking code to book your child into an activity. 16 days of activities per child.

Project funded by Ipswich Borough Council and supported by Suffolk's Police and Crime Commissioner

catch 22

Jumpers For Goalsports Project Summer 2026 - Ipswich

Ages 10-16

Activities: Mainly football and cricket

Booking: Just turn up, sign in and join in - **CASH FREE!**

Date	Location	Time	Age Group	Notes
Tue 23rd July	Manor Park (014 200 0000)	11:00am - 12:00pm	11-12 years	Football
Tue 23rd July	Manor Park (014 200 0000)	12:00pm - 1:00pm	13-16 years	Football
Wed 24th July	Manor Park (014 200 0000)	11:00am - 12:00pm	11-12 years	Football
Wed 24th July	Manor Park (014 200 0000)	12:00pm - 1:00pm	13-16 years	Football
Thurs 25th July	Manor Park (014 200 0000)	11:00am - 12:00pm	11-12 years	Football
Thurs 25th July	Manor Park (014 200 0000)	12:00pm - 1:00pm	13-16 years	Football
Fri 26th July	Manor Park (014 200 0000)	11:00am - 12:00pm	11-12 years	Football
Fri 26th July	Manor Park (014 200 0000)	12:00pm - 1:00pm	13-16 years	Football
Sat 27th July	Manor Park (014 200 0000)	11:00am - 12:00pm	11-12 years	Football
Sat 27th July	Manor Park (014 200 0000)	12:00pm - 1:00pm	13-16 years	Football
Sun 28th July	Manor Park (014 200 0000)	11:00am - 12:00pm	11-12 years	Football
Sun 28th July	Manor Park (014 200 0000)	12:00pm - 1:00pm	13-16 years	Football
Tue 30th Aug	Manor Park (014 200 0000)	11:00am - 12:00pm	11-12 years	Football
Tue 30th Aug	Manor Park (014 200 0000)	12:00pm - 1:00pm	13-16 years	Football
Wed 31st Aug	Manor Park (014 200 0000)	11:00am - 12:00pm	11-12 years	Football
Wed 31st Aug	Manor Park (014 200 0000)	12:00pm - 1:00pm	13-16 years	Football
Thurs 1st Sept	Manor Park (014 200 0000)	11:00am - 12:00pm	11-12 years	Football
Thurs 1st Sept	Manor Park (014 200 0000)	12:00pm - 1:00pm	13-16 years	Football
Fri 2nd Sept	Manor Park (014 200 0000)	11:00am - 12:00pm	11-12 years	Football
Fri 2nd Sept	Manor Park (014 200 0000)	12:00pm - 1:00pm	13-16 years	Football
Sat 3rd Sept	Manor Park (014 200 0000)	11:00am - 12:00pm	11-12 years	Football
Sat 3rd Sept	Manor Park (014 200 0000)	12:00pm - 1:00pm	13-16 years	Football
Sun 4th Sept	Manor Park (014 200 0000)	11:00am - 12:00pm	11-12 years	Football
Sun 4th Sept	Manor Park (014 200 0000)	12:00pm - 1:00pm	13-16 years	Football

Contact: positivefutures.suffolk@catch-22.org.uk

Follow us on X - @positivefutures and Facebook - Suffolk Positive Futures

Project funded by Ipswich Borough Council and supported by Suffolk's Police and Crime Commissioner

catch 22

UK KIDS EAT FREE & SUMMER DINING DEALS 2026

Great savings for families this summer!

PLACE	OFFER	WHEN / DATES (2026)	DETAILS
ASK Italian	Kids Eat Free	All Summer Holidays 20 Jul - 31 Aug	1 free kids meal with each adult main meal
Bella Italia	Kids Eat Free	4 Jul - 31 Aug	1 free kids meal with each adult main meal
Zizzi	Kids Eat Free	All Summer Holidays 20 Jul - 31 Aug	1 free kids meal with each adult main meal
YOT SUSHI	Kids Eat Free	All Summer Holidays 20 Jul - 31 Aug	1 free kids meal per paying adult
Frankie & Benny's	Kids Eat Free	4 Jul - 4 Sep	1 free kids meal with each adult main meal
Las Vegas	Kids Eat Free	All Summer Holidays 20 Jul - 31 Aug	1 free kids meal with each adult main meal
Pizza Hut	Kids' Buffet from £1	All Summer Holidays 20 Jul - 31 Aug	Kids eat for £1 from the buffet when an adult spends £10+
TGI Fridays	Kids Eat Free (Dinner members)	All Summer Holidays 20 Jul - 31 Aug	1 free kids meal with each adult main meal
BiFi's	Kids Eat Free	23 Jul - 3 Sep	1 free kids meal with each qualifying adult meal
The Real Greek	Kids Eat Free	Every Sunday All year round	1 free kids meal with each adult main meal
Café Rouge	Kids Eat Free	4 Jul - 31 Aug	1 free kids meal with each adult main meal
FRANCIS MANICA	Kids Eat Free	All Summer Holidays 20 Jul - 31 Aug	1 free kids meal with each qualifying adult meal
Tesco Café	Kids Eat Free with Clubcard + valid purchase	All Summer Holidays 20 Jul - 31 Aug	1 free kids meal with each Clubcard + valid purchase
Marion's Café	Kids Eat Free with qualifying adult meal	All Summer Holidays 20 Jul - 31 Aug	1 free kids meal with each qualifying adult meal
Aula Café	Kids Eat for £1	All Summer Holidays 20 Jul - 31 Aug	Kids eat for £1 with each adult meal
Pease Café at Dunelm	Kids Eat Free with qualifying spend	All Summer Holidays 20 Jul - 31 Aug	1 free kids meal with £4 spend in Pease Café
Dixons Garden Centres	Kids Eat for £1	All Summer Holidays 20 Jul - 31 Aug	Kids eat for £1 with each adult meal
Holiday Inn	Kids Eat Free	All Summer Holidays 20 Jul - 31 Aug	Up to 3 kids eat free with each adult meal

Offers vary by location, dates and terms. Always check before eating.

Free Summer Sports Programme 2026

FREE Cricket Sessions

Delivered by Lowestoft Town Cricket Club

- Location: Domes Oval
- Dates: 24 and 31 July + 3, 14, 21 and 28 August
- Times and Ages:
 - 13:00: 4-9 years old
 - 14:00: 7-9 years old
 - 15:00: 10-13 years old
- Booking: Yes - Online

Free Summer Sports Programme 2026

FREE Football Sessions

Delivered by The PE Shed

- Location and Dates:
 - Normansdon Park: 24 July, 7 August and 21 August
 - Rosedale Park: 31 July, 14 August and 28 August
- Times and Ages:
 - 09:30: 5-7 years old
 - 10:30: 8-10 years old
 - 11:30: 10-12 years old
- Booking: Yes - Online

Free Summer Sports Programme 2026

FREE Skateboarding Sessions

Delivered by Skate Harbour

- Location: Normansdon Park
- Dates:
 - July: 18, 22, 26, 29
 - August: 2, 5, 9, 12, 16, 19
- Times: 13:00, 14:00 and 15:00
- Ages: Any ages welcome
- Booking: Not needed, just turn up!

Free Summer Sports Programme 2026

FREE Multi-Sports Sessions

Delivered by Suffolk Positive Futures

FREE Skateboarding Sessions

Delivered by Skate Harbour Lowestoft

FREE Pickleball Sessions

Delivered by Racket Sports Academy

FREE Football Sessions

Delivered by The PE Shed

FREE Cricket Sessions

Delivered by Lowestoft Town CC

FREE Boxing Sessions

Delivered by Ultimate Boxing

FREE Watersports Sessions

Delivered by Outen Broad Watersports Centre

Please see links and numbers below for agencies that are available to offer support.

Childline: 0800 1111 childline.org.uk	NSPCC: https://www.nspcc.org.uk	Shout (free text service for anyone in crisis): 85258
111 - NHS Non-emergency advice line (Option 2 for Mental Health Support)	101 - Police Non-emergency Line	Emotional Wellbeing Hub: 0345 600 2090 (Monday - Friday 8am-7.30pm)
Samaritans: 116 123 https://www.samaritans.org	Papyrus Hope line UK: (Suicide prevention charity for young people): 08000 684141	Young Minds: https://www.youngminds.org.uk
The Source: (information and advice for young people in Suffolk): https://thesource.me.uk/	Kooth: (online counselling service): https://www.kooth.com/	Just One Norfolk www.justonenorfolk.nhs.uk Information and advice for young people and families in Norfolk.