



SPRING NEWSLETTER



BRAMFIELD HOUSE SCHOOL



SO MUCH TO CELEBRATE AND BE PROUD OF!

As we approach the end of another fun filled term, I wanted to take a moment to reflect on the fantastic journey we've all shared together. This term has been nothing short of exceptional, filled with achievements, laughter, and growth.

First and foremost, I am thrilled to share the news that we welcomed the esteemed inspectors from Ofsted this term. Their visit provided us with an opportunity to showcase the dedication, passion and excellence that defines our school community. I am delighted to announce that we have received a glowing report, a testament to the hard work of our students, staff, and supportive families. This achievement is something we can all be immensely proud of.

Moreover, this term has been brimming with excitement and enrichment for our boys. From the lively festivities of Red Nose Day (and yes I did get gunged) to the magical realms explored on World Book Day, our students have embraced every opportunity for fun and creativity. It's heart-warming to witness their enthusiasm and commitment to making a positive difference in the world around them.

One of the undeniable highlights of this term has been the unforgettable Ski Trip. The boys who attended ventured into the snowy slopes, where they not only honed their skiing skills but also forged lasting memories and friendships. The Ski Trip exemplifies our commitment to providing diverse and enriching experiences that extend beyond the classroom, fostering personal growth and resilience in our students.

As we look forward to the Easter break, let us carry the spirit of achievement and camaraderie with us. We have demonstrated what can be achieved through teamwork, determination, and a shared commitment to excellence.

Wishing you all a happy Easter filled with joy, laughter, and cherished moments with loved ones.

Leigh Bailey - Head of School

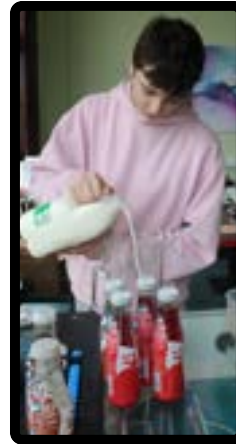
HAPPY
Easter

We're **Good** with
Outstanding features

Ofsted
Good
Provider

THE BRAMFIELD CAFÉ

This term the upper school pupils have been preparing and baking sweet and savoury treats to serve in the Bramfield Café for fellow peers across the school. Pupils have used and learnt a range of skills which include: making coffees and hot chocolate, serving cakes and taking orders which has helped improve interpersonal, organisational and social skills. The pupils have enjoyed socialising with peers and staff and it has been lovely to see their confidence grow!



FIVE STAR REVIEW!!

"The service was fantastic and the staff were very friendly" - Diane

"Would recommend the chocolate brownies" - Gary

"I love the café and I look forward to it on a Thursday afternoon"- Henry



Café

BRAMFIELD BOY SOAP MAKING

The Soap making groups have had a great time, this term, creating soap bars and body washes in a variety of shapes, scents and colours. Led by Year 9 pupil, Bradley, who has his own soap making business. He showed them how to cut the pure soap, melt it, add colour and scent and pour into moulds. Fast-setting, the boys were able to take their creations home each week. The boys designed their own logos which Bradley turned into labels for them. Some of the boys created gift labels and gave them to their Mum's for Mother's Day.



BRAMFIELD HOUSE OF HORRORS

The boys at Bramfield House School have united in a creative endeavor, coming together to produce a horror film. With their combined talents and passion for filmmaking, they have embarked on a thrilling journey to bring their vision to life. From writing the script to scouting locations and filming scenes, each boy has played a crucial role in the project. As they work tirelessly towards their goal, they are learning valuable skills and forming lasting friendships along the way.



BRAMFIELD BARRACUDAS

The Bramfield Barracudas, our very own team of confident swimmers, have recently started to make a splash in the swimming world. With their first win under their belt, they are eager to showcase their skills in upcoming competitions. We have invited local primary schools to join us in friendly swimming galas, fostering a sense of community and sportsmanship. The Barracudas are ready to dive into the pool and show what they're made of.



ALL THINGS ART...



Phone Amplifiers: Students have been learning about sound and have designed an original clay phone holder/amplifier with interesting designs, colours, and textures.

Year 8 - Everyday Objects. Students have been studying 'Still Life & Colour' and looking at the British artist Michael Craig-Martin.

Year 9 - Op Art Project. Students have been studying the art movement 'Op Art' and looking at the British artist Bridget Riley.

AQA Unit - Making A Fabric Bag. Researching different design techniques for making a fabric bag from recycled jeans..

RED NOSE DAY



For Red nose day, we hosted a bake sale where students brought in their own cakes and we sold them in school to raise money.

Jack, promised the boys that he would shave his head if we raised over £100... & its safe to say, we did! Chris our Science Teacher came dressed as "Christine" for the day and finally Leigh Bailey was gunged by Lower School!

WE RAISED A GRAND TOTAL OF £214.79!!

Do SOMETHING FUNNY FOR MONEY



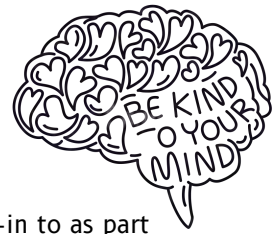
WORLD BOOK DAY 2024

Lower School had an action packed day full of superhero themed lessons. We talked about our favourite books to read and recognised that reading can also be magazines, books online, instructions, recipes, road signs and maps. Reading is definitely a super power skill!

Upper school completed an assembly talking about the importance of reading and the positive impact this can have on our mental health. Some of us enjoyed a virtual quiz across the school.



MINDFULNESS



We're delighted to share with you an update on our new mindfulness sessions for boys to opt-in to as part of their YOLO programme. These sessions have been met with enthusiasm and engagement from our boys, who have tried various mindfulness techniques alongside craft activities to calm the mind.

Mindfulness is the practice of being fully present and aware of our thoughts, feelings, body, and the surrounding environment. Mindfulness can help to cultivate a greater sense of calm, focus, and resilience. During our sessions, the boys have explored a plethora of mindfulness approaches, ranging from guided meditation and deep breathing exercises to mindful craft activities like mindful eating, creating tealight holders and physical grounding techniques.

One of the highlights has been the boys' willingness to experiment with these different mindfulness practices and share some of their experiences with one another. From discussing the benefits of mindfulness on anxieties and mental well-being to listening and engaging during meditation, the boys have fostered a supportive and inclusive environment for personal growth and reflection.

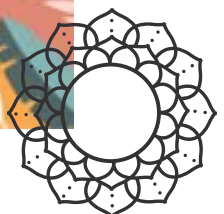
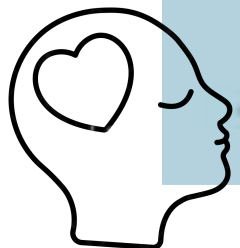
As we continue to grow our own mindful practices, we recognise the importance of involving parents in this process. If you'd like to discover more about mindfulness, the following UK websites will help you explore mindfulness further and discover resources tailored to both adults and children:

Mindfulness in Schools Project. Offers comprehensive resources and training programs specifically designed for educators, parents, and young people to integrate mindfulness into daily life and educational settings. Visit their website at mindfulnessinschools.org for more information.

The Mental Health Foundation - The Mental Health Foundation provides valuable insights into the benefits of mindfulness for mental well-being, along with practical tips and exercises for incorporating mindfulness into everyday routines. Explore their mindfulness resources at mentalhealth.org.uk to start your mindfulness journey.

Breathworks - Breathworks specialises in mindfulness-based approaches to managing pain, illness, and stress. Their website, breathworks-mindfulness.org.uk, offers courses, workshops, and online resources suitable for both adults and young people seeking to cultivate mindfulness skills.

We encourage you to explore these resources and consider incorporating mindfulness practices into your family's daily life. Together, we can support our boys in developing invaluable skills for navigating the complexities of the modern world with resilience, compassion, and inner peace.



This term has seen the school gain The Green Mark Level 1 certification. We have shown what steps we have taken to reduce our impact on the environment and improve sustainability so far. An action plan has been developed outlining what further opportunities we have in order to improve. 35 tasks were undertaken covering the areas of Policy and Organisation, Benchmark and Targets, Communication and Review, Local Environment, Utilities and Waste.

The school have received 8 swift nest boxes and a call system from Save Our Suffolk Swifts. The boxes will be decorated, and the nest provided with grass and feathers. They will then be attached to the front of the main house and the swift call played in order to attract swifts to set up a nesting colony. Swifts pair for life, returning to the same site each year for a little nest renovation before laying and incubating their eggs. They like to live in houses and churches, squeezing through tiny gaps to nest inside roofs. But as more old buildings are renovated and gaps in soffits closed up, Swift nest sites are fast disappearing. This, in part, resulted in Swifts being added to the red list in the 2021 UK Conservation Status Report. Red is the highest conservation priority, with species on this list needing urgent action.

Other activities have seen a stumpery made in the wooded area. Stumperies use tree stumps and wood to make a wildlife friendly garden. We have also continued our litter picking in the local community.



THE BIG PLASTIC COUNT 11-17 MARCH



Activities that we have taken part in this term have been the RSPB's Big Schools' Birdwatch, The Big Plastic Count and The Great Big School Clean. So boys have been busy birdwatching, counting plastic used over a week, producing the schools plastic footprint and trying to fill as many bin bags as possible with a bit of healthy competition between lower school classes.

SOS SWIFTS

Signs have also been installed to encourage drivers to turn off their engines whilst waiting. It will improve air quality around school and also save fuel use.

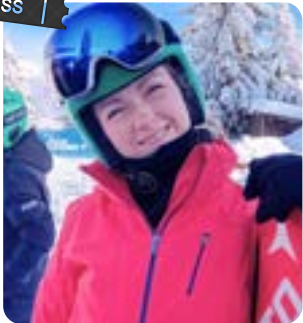


NO IDLE ZONE
Protect young lungs
by switching off your engine

SKI TRIP 2024

This year's ski trip to Pila, Italy was different from previous years with Bramfield joining three other schools from within the Outcome First Group. We set off from Cambridge on a coach that travelled to Dover, then on the ferry. Once in France we drove through the night and arrived in Pila at 11.30 am. The days consisted of leaving the hotel at 8am and taking a short drive on the coach to Aosta, the boys then collected their ski equipment and headed up the mountain on the main Pila Gondola. Once in resort the boys were split into two separate ski groups, with each having an Interski instructor. Morning lessons were from 9.30am to 11.30am then a stop in a local restaurant for lunch before heading out for the afternoon lessons. All of the boys that attended gave their all during the lessons, listening to the instructors and we could see how the boys were progressing on a daily basis with some even moving up into an intermediate group. Evenings consisted of activities that included a trip to a local pizzeria, a town visit to Aosta with some authentic Italian ice cream to finish the day off.

I cannot put into words how proud I am of the pupils who attended this year. We witnessed, kindness, determination and willingness to succeed. The pupils integrated well with the other school pupils and staff members and comments were made to me about how polite the boys were throughout the stay. A once in a lifetime experience for some, with the majority already asking me if they can attend on the next trip planned for next year. Parents/Carers should be proud of their child's achievements during a week away from home. They endured a long coach journey to Italy but managed the whole experience extremely well, they represented Bramfield house school in a positive way. Here's to the next one in 2025!



Proud of myself



"It was like living a dream it was perfect and the views were great" - Ronnie Newson

"It was really fun and we done a lot of socialising & met lots of new people from new schools." It also helped with my sleep routine - Leo Smith

"It's a whole new experience, it was life changing and really good!" - Issacc Tibbits

"It's a great chance to go to another country not many schools offer to go to a new country! We are very lucky!" - Helcio DaCosta



Hold On



Y11 HILLTOP TRIP



HELP!



We seized the opportunity to assemble all of the year 11 students and whisk them away for a one-day trip to Sheringham, North Norfolk. We used the opportunity to give the year 11 pupils some time away from the school environment. With the upcoming exams in the not too distant future, this allowed us to get them together and place an emphasis on learning through activity, enjoyment, achievement, discovery, responsibility and teamwork. We spent the day working through a variety of team focused challenges with the boy's scaling heights of the crate stacking challenge, the zip line and climbing wall during the action-packed day out.



WHAT'S HAPPENING DOWN THE FARM?

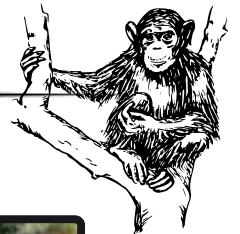
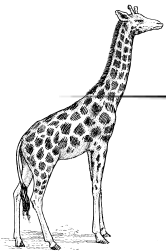


It's been a long winter down at the farm, with flooding and of course lots of mud, but at long last Spring is just around the corner, daffodils are flowering and the boys are planting up the raised beds with veggie seeds. Tomatoes, peppers and chilli's sown in January and February are growing well and are enjoying the warmer days in the polytunnel.

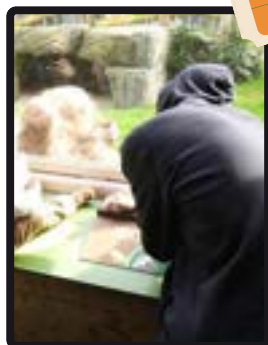


Projects going on at the farm include all Primary boys planting hedging around the school grounds.

All the farm animals are looking forward to the spring. Shaun the sheep has been in training this term as the boys have been taking him out for walks with the goats. He enjoys this, but the boys are finding out that he only has two modes, stopping to eat grass or trying to gallop off!



COLCHESTER ZOO



Some KS4 pupils went to Colchester Zoo, it was amazing! So many different animals to look at and one of the Chimpanzees came over to the viewing area, it was a very special moment and the boys got right close up. We also saw lions, zebras, elephants, lemurs, flamingos, lots of different breeds of monkeys, sea lions, penguins, plus they had a guinea pig village and an area filled with goats and sheep, which the boys really enjoyed! A fantastic day had by all!



CAREERS

FESTIVAL OF KNOWLEDGE

A NEW FREE EVENT FOR SKILLS, CAREERS, JOBS & KNOWLEDGE

Year 10 took a trip to the Norfolk Showground to the Festival of Knowledge, formally known as Skills and Careers Fair. Here they had the opportunity to engage with employers from an array of job sectors developing their knowledge of the world of work. The boys were a pleasure to take out and engaged really well, especially as this was a busy environment.



WORK EXPERIENCE

Work Experience plays a crucial role in the educational system, it gives pupils real world application, giving them the opportunity to apply theoretical knowledge gained in the classrooms to practical situations. The aim is for them to understand how their skills transfer and are relevant for the workplace.

It can help develop skills such as communication, teamwork, problem solving and time management. It can expose them to different industries so they can make more informed decisions after school. Work experience can also help with employability, giving them practical experience and something else to add to their CV.

The experience prepares students for the transition from education to employment by giving them a taste of the expectations and demands of the working world. It hopefully helps bridge the gap between education and employment, making the transition easier.

Most importantly it's a great tool for personal development, with pupils gaining confidence as they navigate new environments, interact with professionals, and take on new challenges.

This term we have had boys out a local charity shop, The Two Magpies Bakery and a pupil helping out at his Grandad's company yard.

Coming up in July we have an Army experience residential trip to look forward to!

HELP NEEDED While the benefits of gaining work experience are undeniable, one of the greatest challenges lies in securing commitments from companies to offer placements. Therefore, I am reaching out for assistance. If you are aware of any businesses that could potentially provide placements, I would sincerely appreciate your support. If you know of any businesses that may be able to help with a placement please do get in contact with me at michelle.woolnough@bramfieldhouse.co.uk Any help is always greatly appreciated. Thank you!



BRAMFIELD'S GOT TALENT



Bramfield's Got Talent was a showcase of the incredible skills and talents of the boys in our school. From singing to dancing, magic tricks to comedy routines, the boys have truly come together to create a brilliant talent contest. The energy and excitement in the air was palpable as each performer took to the stage, wowing the audience with their creativity and passion. This event not only highlighted the individual talents of our boys but also fostered a sense of camaraderie and support among them.



END OF TERM TRIPS



The end of term trips have been very successful, with visits to the cinema, zoo, soft play and Inflatation! Lots of fun had by all!



3D DESIGN



A productive term in 3D Design, with plenty of successful projects completed. KS3 have been practicing and developing their marking, measuring and cutting out skills with the bookend, flapping bird and ball bearing game projects. KS4 have been working soundly on their GCSE 3D design coursework, looking at and replicating the famous design movement, the Memphis group. Great effort all round and looking forward to starting the new batch of summer term 3D Design projects.



CONSTRUCTION




We were kindly invited by Tilby Douglas to visit their site at the docks in Great Yarmouth. We took 7 boys from middle and upper school [who all study construction]. We were given a very warm welcome to the site by Steve the project director, he took us through a brief power point presentation telling us all about the project and how it would be constructed. After a question-and-answer session we were taken outside for a walk-through visit to the site. At the time of our visit the contractors were positioning piling sheets which are driven into the riverbed to form a new quayside. The boys and staff enjoyed watching this all take place in front of us. You could feel the vibration from the hammers which knocked the sheets into position. We then went back into the reception building and Steve answered more questions about the project. We had a great time and learnt a lot about the processes involved in constructing a project like this one. We have been invited back later in the year to view the progress.





WHAT'S ON THIS EASTER?

- <https://www.activenorfolk.org/public/bignorfolkholidayfun>
- <https://letsgowiththechildren.co.uk/places-to-go/norfolk/>
- <https://letsgowiththechildren.co.uk/places-to-go/suffolk/>
- <https://www.kidsdaysout.co.uk/kids-days-out-england/Norfolk>



PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING EASTER HOLIDAYS 2024

moneysavingcentral.co.uk/kids-eat-free

ASDA

Kids eat for £1 All Day. Every Day at Asda cafes, with no adult spend required.

TESCO

Kids eat free with a purchase of 60p+ from From Mon 12th - Fri in Half Terms 2024

SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

TGI FRIDAYS

Kids Eat Free When 'Stripes Rewards Members' purchase an adult's main meal (App needed)

PUREZZA

Children under the age of 10 get free pizza at Purezza with every adult meal purchased

TRAVELODGE & PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

COCONUT TREE

One child (10 & Under) eats free per paying adult. Valid from 23/03/2024 - 14/04/2024

MORRISONS

Spend £4.49 and get one free kids meal all day, every day.

GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

BILLS

Two kids can eat free ALL DAY (Weekdays) from Monday 25th March - Friday 12th April 2024, with one adult main dish.

DOBBIES GARDEN CENTRES

At Dobbies, for every adult breakfast or lunch purchase, kids eat for FREE. Every Day!

TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

IKEA

Kids get a meal from 95p daily from 11am

HUNGRY HORSE

Kids eat for £1 on Mondays

FUTURE INNS

Under 5s eat for free with any adult meal.



HAPPY Easter WISHES